

Using Alcohol
or other drugs
is **RISKY!**

The effects are
UNPREDICTABLE...

any time you use alcohol or other
drugs the effects can be very
different.

Only **ONE THING**
is certain:

the more often you use alcohol or
other drugs, the greater your risks.

CALL Personal Solutions

at **814.623.5009**

to schedule a private
assessment at no cost to you.

Ask for Help NOW

If you or someone you know has a
problem with alcohol or other drugs,
early detection and admission of a
drug or alcohol problem increases
the chance of a successful recovery.

Our MISSION

To make available affordable
drug and alcohol services to
Bedford County residents.



PERSONAL SOLUTIONS INC.

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**DOES
SOMEONE
YOU
KNOW**

HAVE A

PROBLEM

WITH

ALCOHOL

OR DRUGS?



personalsolutionsinc.org

814.623.5009

WHAT IS ADDICTION?

Addiction is the loss of control over the use of a substance or activity.

People with addictions can't stop their problem behavior even though it may ruin their health, destroy family relationships, damage friendships, affect job performance, wipe out savings and cause other serious problems.

Addictions **CAN** be treated successfully...

We will guide you through the **RECOVERY PROCESS**, helping you to receive the appropriate services.

How do I know if **I NEED HELP?**

Do any of these statements describe you?

- I'd rather hang out with people who use alcohol or other drugs than with those who don't.
- I've driven a car while under the influence of alcohol or other drugs.
- I've borrowed or stolen money to buy alcohol or other drugs.
- I've had a blackout (loss of memory) after using alcohol or other drugs.
- I've missed work/school due to alcohol or other drugs.
- I've tried to stop/cut down on my own, but I can't.
- Alcohol or other drugs are interfering with my family relationships.
- A friend told me I use alcohol or other drugs too much.

If any of these statements describe you, it's time to **SEEK HELP.**

What happens at an **ASSESSMENT?**

The assessment consists of a face-to-face interview, conducted in a private room with a specially trained case manager. Your appointment will take approximately one hour. All information is kept confidential to protect your privacy.

You will be asked questions pertaining to your alcohol or drug use, the nature and cause of your problem, and the effect the use is having on your life. You will also be asked questions concerning your work, school, family and other general areas of your life.

At the conclusion of your appointment, the case manager will recommend a course of action, including treatment options. All services are tailored to meet your needs.

Personal Solutions, Inc. will make arrangements for clients with identified treatment needs. Available services include outpatient treatment, detoxification, residential treatment and halfway house services.

Pregnant substance abusers will receive preference for treatment services.

Funding for treatment is available for those who are financially eligible.